Dt 26:4-10 ; Rom 10:8-13 Lk 4:1-13

Psalm Response: Be with me, Lord, when I am in trouble

Gospel Acclamation: Glory and Praise to you Lord Jesus Christ. No one lives on bread alone, but on every word that comes from the mouth of God. Glory and Praise to you Lord Jesus Christ.



10 Mar Michelle Davis 17 Mar Grahame Adams

Readers

17 Mar

10 Mar 1st Reader Brian Bright 2nd Reader Monica Bright

Intercessions Paul Harris
1st Reader Brian Bright
2nd Reader Monica Bright

Paul Harris

Communion

10 Mar David & Christa Buckley 17 Mar David & Christa Buckley

Intercessions

Counters

10 Mar Cate Mitchell 17 Mar Barbara Grieves

Morning Tea

10 Mar John Woodward 17 Mar Pamela Nash

Church Care

22 Mar Cathy and Jim McNamara

St Paul's Mt Victoria & St Joseph's Megalong Valley

Entrance Ant: When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

Communion Ant: One does not live by bread alone, but by every word that comes forth from the mouth of God.

Saints Days of the Week (11th Mar to 16th Mar)

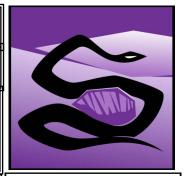
11 St. Constantine Scotland's first martyr 12 St. Theophanes Abbott, confessor

13 St. Sabinus Egyptian martyr

4 St. Matilda abbess

St. Clement Maria HofbauerRedemptorist

17 St. Hilary MARTYR



First Sunday in Lent Year C 10.3.19

Temptation is not sin. Only when we freely and knowingly choose to act on temptation is sin involved. Though one may like to talk about the temptations one has in Reconciliation, we never have to 'confess' them as though they are sinful actions.

When we look at our temptations they often appear as good things, but often they have a sting in the tail which is destructive. We need to be very alert to all the consequences of what we do and say, and learn from our experiences.

The more we give into temptation, the more immune we become to seeing that there's anything wrong with what we are doing. © Richard Leonard SJ.

Next Week: Dt 26:4-10; Rom 10:8-13; Lk 4:1-13

Judy Harris -8.3.14. Rememberibg your "Goodbye Day" We love and miss you so much. Greg, Lyn, David and family



Sacred Heart Church ~ Blackheath Saint Paul's Church ~ Mount Victoria Saint Joseph's Church ~ Megalong Valley

As a community bonded together through faith, we are called to share our experience of God with those we meet each day, in particular, those in our local community.

We acknowledge the Darug and Gundungurra people, the traditional custodians of this land and pay our respects to the elders past and present, including those who may be with us today.

Blackheath	Sunday Mass	9.30am
Evening Mass	Tuesday	6.30pm
Morning Mass	Wednesday, Friday and Saturday	9.00am
	Thursday	8.00am
Benediction	2nd Saturday after 9.00am Mass	
Exposition	All other Saturdays after 9.00am Mass	
Reconciliation	Saturdays	9.30am
Healing Mass	1st Saturday of the month	9.00am
Mount Victoria Megalong Valley	Vigil Mass (1st, 3rd and 5th Saturdays) Vigil Mass (2nd and 4th Saturdays)	6.00pm 6.00pm

Administrator: Father Bob Sheridan Parish Office: 02 4787 8540

Parish House: 0455 104 994.

(Emergency only)

Thu 9.00am - 12.00pm

kheath@parracatholic.org

Fri 12.00 - 3.00pm

E-mail: blackheath@parracatholic.org Fri 12.00 - 3.00pm

Parish House: 18 Inconstant Street, Blackheath. 2785 Sacred Heart Church: 167 Wentworth Street, Blackheath.

St Paul's Church: 65 Great Western Highway, Mount Victoria. **St Joseph's Church:** 1270 Megalong Road, Megalong Valley.

For Baptisms, Marriages and sick calls, please contact the Parish House.

Parish Pastoral Council meets the 4th Sunday of each month. If you would like an issue discussed, please submit it in writing to either Fr Bob; Diana Landsberg (Chair); John Barclay (Deputy Chair) or Patricia Dee (Secretary).

Sacred Heart Care Group (helping parishioners in times of need) call Monica Bright 4757 3943.

BULLETIN ITEMS: Please contact the Parish Office on Wednesday or Thursday during office hours on 4787 8540 or email **blackheath@parracatholic.org**

Website: https://sacredheartblackheath.org.au/

www.facebook.com/Sacred-Heart-Parish-Community-Blackheath-NSW-Australia-153850768029631/ **LENT**: Last Wednesday (Ash Wednesday) spiritually, we moved from 'Ordinary Time' to 'Lent'. Even after these first few days of Lent we should already be progressing in our Lenten endeavours in what is for most of us the major penitential effort for this year. Over the next 36 days we will have many opportunities to join Lenten activities that will help us form an ever-closer relationship with God and each other – a time when we seek to revise, renew and reset our priorities in this life. Lent is that special period of the year when the liturgies are particularly framed to support us as we self-analyse where we are at, where we want to be, and how best to reach that goal. Yes! Lent is a time for action!

A reminder, too, that all Fridays in Lent are days of abstinence from meat, except Good Friday which is both a day of fast and abstinence for those to whom it applies. On another tack, I also remind you that every Catholic is obliged under pain of mortal sin to receive the Sacraments of both Reconciliation and Holy Communion at least once a year between Ash Wednesday and Trinity Sunday which this year falls on 16 June.

Finally, during Lent the "Alleluia" is omitted in Mass, even when celebrating Solemnities and Feasts. The "Gloria" is not said during this period – its next use being Holy Thursday, 18th April.

CARITAS (Project Compassion): As ever, Caritas is our key charity and fund-raiser for this year with donations being received throughout the Lenten/Easter period. Through Project Compassion, you and I have a unique opportunity to help Caritas Australia to support those far less favoured than us by helping to reduce their poverty, promote justice for them and uphold the dignity that is the right of every living human being. All the Caritas literature, including Project Compassion boxes are to be found dispersed around the church today. If you haven't already done so, please take one home with you, fill it with your spare coins, and return same to us at Easter. By so doing, you will be assisting more than you could imagine those severely deprived, dispossessed and suffering people/families in many countries around the world. Thank you for caring! Thank you for your generosity!

PS. I have been advised that the pancake 'rush' netted almost \$100 last Sunday. They were great! Thanks everyone for your extra effort this time around – those who cooked, and those who bought and ate!

"RETREATS": First, be advised that Fr. Rowe from Western Australia (no relation to Marilyn/Paul), local Sue Russell and their group have leased our St. Paul's Mt. Victoria church for a Retreat this coming week from 11 – 15 March. They 'bed-down' at the local 'Lutanda' Conference Centre. This will be a welcome fourth year for this hiring.

Second, eventually it had to happen! I am supposed to go on 'retreat' once a year at an approved location. I always choose the 'Abbey', the Benedictine Jamberoo Retreat Centre. However, I am presently a little overdue for such a retreat as my last visit there was in 2015. So, I will be absent all of this coming week from Monday to Friday (11-15 March), same as the Mt. Vic arrangement. Therefore, the next Mass here after today will be next Saturday at 9.00am. However, arrangements are being made to open Blackheath Church each day I will be away. Hope that helps a little! Emergencies only (and I do stress that point) should be directed first to the office, then to 0417 355 479.

MEGALONG 'PARTY TIME': Yesterday, from about mid-afternoon, a very mixed 'family' group from the Katoomba area converged on the Megalong 'tea rooms' for afternoon tea and a social get-together. I joined them during that celebration and all had a terrific time. Then the twenty plus party adjourned to St. Joseph's Church where Mass was celebrated from 6.00pm. As practice makes perfect, they want to do the same thing again in the Spring. We'll be there!

God Bless! Fr. Bob

BALANCING THE BOOKS WITH BALLADS

Pat Drummond is holding a one night only concert on 30th March 2019 at the Sacred Heart Hall, 167 Wentworth Street, Blackheath.

From 7.00pm, Pat will

The Sacristy, which contains a few books and toys, is available for parents when young children are restless. it a little easier for you and your littlies.

PARENTS' ROOM: We hope this makes i take us on a journey of his well documented songs about real people and places, drawn from interviews gathered on his erratic tours across Australia and present a composite picture of our country and her people.

Tickets are \$10.00 and are available after Mass today or at the Parish Office (Wed-Fri. phone 4787 8540). Tea/Coffee and cakes are included. Get in early for your tickets for a great evening. Pat is holding this concert to assist our Parish ministries and financial commitments for 2019.

Free counselling: Contact Linda on 0417 659 479 for supervised counselling sessions as part of her Bachelor of Counselling Degree practical placement. These will be conducted in the Hazelbrook area. Limited places and sessions apply (max. 4 sessions per person).

Our recent collection for The Catholic Foundation was \$1260.00. Thank you to all of our parishioners. Fr. Bob

Please pray for the sick and their carers: Barry & Madeleine Bowden, John and Marion Crowley, Barbara Grieves, Kevin Madden, Maria Slater, Frank Mackrell, Marie Johnson, Trennah Portelli and Pat Fraser

†Rest In Peace†

14th March

Pete Juhas

Working Bee ~

Wednesday 13 March 8am

Our next working bee is on Wednesday morning 13 March from 8am. Come and work with our maintenance team and help maintain our beautiful grounds.

Please bring a sunhat and garden gloves. Call Lance on 47878096 or John on 0407 288 957 for further information, or just turn up on the day.

Anniversaries

13th Pope Francis (Became Pope in 2013)



Happy Birthday

10th Joe Blansjaar

16th Fr Bob Sheridan (b 1933)



Cosmology Spirituality Morning ~ The next Cosmology Spirituality morning will be held at the Good Samaritan Community House, 3 Valley Road, Wentworth Falls on Friday 15th March 10 am till noon. The Preface and Chapter One of the new book, "The Way of the Wind" by Bruce Sanguin will be discussed. There will be a time of prayerful silence in our garden. Morning tea will also be part of the program. New friends are very welcome. Enquiries Sr. Jacinta 4757 2290

Earth Ministry Project ~

Creating a Green Heart in our Parramatta Diocese. 12 copies of Pope Francis' Encyclical Laudato Si will be available from Sunday for borrowing. A handout with a focus on Creation for Lent is available; daily suggestions for reducing plastic use are included as well as a prayer for our earth. Sue Martin very much enjoyed her time with our parish community last Sunday and appreciated the warm hospitality extended by all to her and the work of this new and vital ministry.