



THE CATHOLIC PARISH OF THE
UPPER BLUE MOUNTAINS
Under the Patronage of St Mary of the Cross MacKillop

Acknowledges the Darug and Gundungurra people, the Traditional Custodians of the land on which our churches are built and we pay respect to elders past, present and emerging

CLERGY

Fr. John McSweeney PP VF
Fr. Peter Lamont (AP)
Fr. Jessie Balorio (AP)
Rev. Alan Skofic (Deacon)

SUNDAY MASSES

Sat: 5pm Leura
Sat: 5pm Lawson
Sat: 5pm Mt Victoria
Sun: 8am Wentworth Falls
Sun: 8.30am Lawson
Sun: 9.30am Blackheath
Sun: 10am Katoomba
Sun: 5pm Leura

WEEKDAY MASSES

Mon: 9am Katoomba
Tue: 9am Leura
Wed: 9am Blackheath
Thu: 9am Wentworth Falls
Fri: 9am Lawson
Fri: 12pm Katoomba
Fri: 4pm Megalong Valley
(3rd Fri of the month)
Sat: 9am Katoomba

CONFESSION

Fri: After 12pm Mass Katoomba
Sat: 9:30-9:50am Katoomba
Sat: 4:30-4:50pm Leura
NOTE: Confessions are always available upon request.

Weddings & Church Bookings

For Inquiries:
mmparishubm@gmail.com

Baptisms:

2nd Sunday @ Katoomba 11:00am
4th Sunday @ OLN Lawson 10:30am
Inquiries: 47822804
Email: bluemountains@parracatholic.org

ADORATION CHAPEL

St. Canice's, Katoomba
Mon 9.30am to Fri 6pm
closed at other times.

Christian Meditation

Tuesdays-10am
@Sacred Heart Blackheath



Please mute your mobile at Mass. Let's turn off the technology and turn on to God!

FROM THE SEVEN CHURCHES IN THE MIST 14th Sunday in Ordinary Time Year A. 5 July 2026

REFLECTION OF THE GOSPEL

Dear sisters and brothers in Christ,

Today's Gospel from Matthew highlights 3 things:

- * the praise of the Father for His Revelation to the 'little ones' of faith
- * the fact that the Father and Son have a special relationship that the Disciple is called to share in
- * the invitation that Jesus makes to accept His 'yoke' - His person and teaching - for it is 'easy and light' in comparison to the yoke of the Mosaic Law.

This Gospel gives us Hope: no matter at what stage along the road of Faith we find ourselves, God reveals Himself to us at every step. In response to God's gracious gift of Faith, we need to continue growing in knowledge and practice of Christian Belief, so that we never remain static but respond to the promptings of the Holy Spirit - in order to have a dynamic and growing understanding of Christ and His Gospel.

Furthermore, having been invited to share in the special relationship of Father and Son, the unconditional Love of the Trinity, we need to make certain we spend time and energy in our prayer life, making certain we remain open to whatever 'the Spirit is saying' to the Church.

Let's reflect on all this in the coming week, so that we continue our growth in faith and practice. God Bless!

Fr John

FROM THE PASTOR'S DESK

PARISH ASSEMBLY: We will meet together as one Parish on Sunday 19th July in St Canice's Hall from 11:15am - 12:30pm. The Parish Finance Committee will give an update on the financial situation of the combined Parish; and I and the Parish Pastoral Council will give an update on the developments that are occurring already in our Parish, as well as some future directions. There will be an opportunity for questions on both issues.

PLEASE NOTE the updates later in the Bulletin on the combined Finances that have occurred with the commencement of the new financial year.

Thanking you all!

Fr John

!!! PLEASE NOTE !!!

FOR BULLETIN NOTICES &
ENQUIRIES RE: SACRAMENTS
PLEASE EMAIL:
mmparishubm@gmail.com

OFFICE CLOSE

The Office will be closed from
1:00 pm onward on the 7th of
July 2026

Parish Churches

LAWSON: Our Lady of The Nativity, Somers St; WENTWORTH FALLS: St. Francis Xavier's, 3 Day St. LEURA: St. Bonaventure's, Railway Pde. KATOOMBA: St Canice's, 158 Katoomba St. BLACKHEATH: Sacred Heart, 165 Wentworth St. MEGALONG VALLEY: St Joseph's, Megalong Rd. MOUNT VICTORIA: St Paul, 65 Great Western Highway. * Pictures on this bulletin are taken from the website. Copyright infringement is unintended. Acknowledgment is due.

CONTACT US

Parish Office: 158 Katoomba St, Katoomba 2780.

Postal Address: PO Box 526, Katoomba NSW 2780.

Phone: (02) 4782 2804.

Office Hours: 10am-3pm Tuesday-Friday.

After Hours Emergency Number: 0490814284.

Calls only; no texts please.

Parish email address:

upperbluemountains@parracatholic.org

Parish websites:

bluemountainscatholic.org.au

sacredheartblackheath.org.au

lawsoncatholicchurch.org.au

Facebook: [facebook.com/](https://facebook.com/bluemountainscatholic)

[bluemountainscatholic](https://facebook.com/bluemountainscatholic)

Lawson Facebook: facebook.com/olncclawson

Blackheath Facebook: facebook.com/profile.php?id=100076756208721

Parish YouTube:

youtube.com/@UpperBlueMountainsCatholic

SUNDAY MASS

Live streaming of the 10am Sunday Mass at St Canice's this week. The live feed will be via our parish YouTube page as per usual.

<https://www.youtube.com/channel/UCHtj55risvGDQqCDN7mldNQ>.

MINISTRY OF SPIRITUAL HEALING, DELIVERANCE AND EXORCISM

Email: deliverus.caseofficer@parracatholic.org;
deliverance.exorcist@parracatholic.org

Phone/ Call: 0472761879 or

Reached out to the Receptionist of Office of the Bishop or the Chancery.

PARISH SCHOOLS

St Canice's Catholic Primary School

Katoomba Street, Katoomba.

Principal: Ms. Miriam Meaney.

Phone: (02) 4780 6800.

Email: stcanices@parra.catholic.edu.au

Our Lady of the Nativity Catholic Primary School

Somers Street, Lawson.

Principal: Mr. Matthew Bond.

Phone: (02) 4753 2200.

Email: oln@parra.catholic.edu.au

HOSPITAL/HOME VISITS

If you or your loved ones are sick and would like a visit, please contact the parish office or Barbara Davidson (0417 490 103)

USUAL ROSARY AND OTHER DEVOTIONS

Sat and Sun: 4:20pm, Leura.

Mon 8.30am before Mass, Katoomba.

Tue: 8.30am before mass, Leura.

Wed: 8.30am before Mass, Blackheath

Thu: 8.30am before Mass, Wentworth Falls

Fri: 11:30am before Mass, Katoomba.

Fri: 5.00pm Divine Mercy Hour, Leura.

First Fri: 7.00pm Benediction Lawson

Sat: 8:30am before Mass and Cenacle Rosary after, Katoomba.

Notice for Parish Bulletin . If you wish to receive electronically or via email our parish bulletin, please email us on bluemountains@parracatholic.org. If you also want to include any items for the weeks' parish bulletin, email us on mmparishubm@gmail.com before Wednesday afternoon.

RCIA For all enquiries regarding joining or coming back to the Church please contact Deacon Alan via the Parish office.

Parish Finance Council Members

Fr John
Fr Peter
Fr Jessie
Dec Alan

John Tweedie (Chair)
Elaine Smith (Deputy Chair)
John Grant
Jenny Gannon

Maylin Corros
Marilyn Rowe
Tom Boyd
Paul Gannon (PPC)

Parish Pastoral Council Members

Fr John
Fr Peter
Fr Jessie
Deacon Alan
Matthew Brawn, Katoomba
Maria Eades (DPC), Leura
Paul Gannon, Lawson

Russell Smith (Chair), Leura
Pamela Nash (Deputy Chair), Blackheath
Maria Kells, Mt Victoria & Diane Steward (Sub)
Julie O'keeffe, Blackheath (DPC Rep)
Therese Moore, Katoomba
John Brell, Wentworth Falls & Roger Bowen (Sub)
Maria Dodd, Lawson
Ex-office John Tweedie (Parish Finance Chair)

Thanks to all these generous members of our new Parish for your generosity in serving our Church communities as the Parish Pastoral Council (PPC) Members.

FINANCE NEWS

Parish Contributions

Since the 1st of July 2026, we have merged our Parish Banking arrangements for Parish Contributions. Our parish finances need a consistent income. If you consider using Direct bank transfer, we would be most grateful!

Bank Transfer:

For 2nd collection(for the support of our Parish) please use **BSB 067 950 Account 000 00594 Name: Catholic parish of Upper Blue Mountains(Ref: your surname and church eg SmithMtVic)**

For 1st collection (for the support our priests)
BSB 067 950 Account No 00004265 Account Name Diocesan Clergy Reference either the parish Name or the parish code 6038

PARISH FINANCE: Parish BPoint

For both 1st and 2nd collations.
When choosing 2nd collection please note name and envelope No. Please follow this link.

<https://www.bpoint.com.au/pay/MaryMackillopParishUpperBlueMountains>



Our Lady of Nativity Lawson Meeting Room Rebuild

We are very happy to report that we have now reached our target of \$20,000 for the rebuild. We would like to sincerely thank everyone who has contributed towards this achievement. To date we have raised a total of \$20,864.95, which includes the \$6,843.95 raised through the Art, Cake, and Plant Fundraiser.

Well done to everyone for your generosity and support.

REDISCOVERING THE VALUE OF FAITH. The next session will be on Sunday the 12th July, 11:00am @ St Canice's Hall, Katoomba, Topics will be- The Holy Spirit & the Church.

"God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work. ." - 2 Corinthians 9:7-8

PARISH NEWS

THE LEGION OF MARY The Church's largest lay apostolate. We meet every FRIDAY at 6:15 pm in the old adoration chapel at Katoomba. You are most welcome to attend and see what the Legion is all about.



HELP NEEDED!

COULD YOU HELP US? Now that our bells are in place in the tower, bellringing lessons are well underway. However, we need several small wooden boxes so that those of different heights can properly ring the bells. If you would be willing to make one or more sturdy boxes Fr John has the required measurements.

Please contact Fr John or the Parish Office as soon as possible. Thank you - The Bellringing Team

PERPETUAL ADORATION CHAPEL. If you would like a rostered holy hour each week or to be on the temporary fill in list, please contact Conor on 0451 461 697 to register your details or scan the QR code. Hours currently available:



Tuesday 1-2pm, 5-6pm,
Wednesday Noon-1pm, 6-7pm
Thursday 11am-Noon, 9-10pm,
Friday 1-2pm

If you are a regular Adorer, requesting a roster change to your hour or the person replacing you has not arrived

Please Contact: Catherine on 0420 337 033

SAINTS THIS WEEK

Mon 6	Saint Maria Goretti, Virgin, Martyr
Tue 7	Saint Peter To Rot
Thu 9	Saint Augustine Zhao Rong and his Companions, Martyrs
Sat 11	Saint Benedict, Abbot

NEXT WEEK: 15th Sunday in Ordinary Time



MASS OFFERING INTENTIONS



Recently Deceased: Yudit Kayatsky, Lauren Hall, Mary Marsh, Salwa Jabbour, Marie Perrott, Kay Cheevers, Jeannette Rosemary Grimson, John Martin, Veneranda Mifsud, Maria Christina Vera de Penna, Rebecca Etccl, Stephen Mount, Fr David Taylor, Geniveve Ticehurst, Emma & Juliette Verne.

Death Anniversary: Francis Bede Murphy, Diane Wood, Mark Bittner, Lesley Menser, Bernard Glasheen, Hazel Glasheen, Tochillo (Scott) Brown (27.04.2021), members of Kozlowski, La Roche, Brown, Foley, Roome Families, David Powell, Jan, Miecia & Zyguich Slawek, Patricia Ducrest, John Mifsud, Moran William Halliday, Paul Nyssen, Bridget Collits, Stephanie Jean Murphy, Dulcie Elizabeth Nyssen, Lenna & Elizabeth, Barbara Connolly, Max Dodd and all forgotten souls in purgatory.

Pray for the Sick and their Carers: Richard Kemmis, Peter Slough, Vlad, John Barclay, Mildred Taft, Charlie Congreve, Malik, Maureen O'Reilly, George and Laura Boffa, Sarah-Jane Hallett, Les Hayward, Chloe Newton, Kelly Gale, Nathan, Susan Sergeant, Sandy Mobray, Joella, Doreen Kinsella, Bern McPhee, Maria Cora, Josephine Burdett, Beverly Bateup, Anne Farindon, John Crowley, Maria Johnson, Trennah Portelli, Kevin Medlin, Lan Franco Matteucci. Anthony Griffin, Daniel Smith, Sienna Erdmanis, Mary Whyte, Shirley Bennet, and All Private Intentions.

NB: Due to the strict privacy laws, names of the sick can only be included in the Bulletin with the permission of the immediate family. Thank you.

SPECIAL EOFY / EARLY BIRD GROUP OFFER

Be The Witness

A powerful musical encounter
with the story of Jesus through the eyes of Peter



10–13 September 2026
**Riverside Theatres
Parramatta**



Group
Bookings
10+



Concessions
Available



Limited
Seats

Invite your parish, ministry, family and friends



Scan for
Group Bookings



www.bethewitness.com.au



With the support and
encouragement of
Bishop Vincent Long



Presented by
Mary, Queen of the Family Parish,
Blacktown

CATHOLIC PARISH OF THE UPPER BLUE MOUNTAINS

First Friday Adoration and Benediction

OUR LADY
OF NATIVITY
CHURCH,
LAWSON

7.00 pm | 03 July 2026



254 Great Western Highway, Lawson, NSW 2783
- Deacon Alan Skofic

You are invited to join

100 DAYS OF PEACE

an initiative for peace supported by the Focolare Movement

13 June to 21 September 2026

9 - 9:15pm AEST



15 mins for peace everyday:

3-mins contemplative contribution:

- each day a different person from a community, faith, civic or cultural life shares a 3-min reflection on peace

10 mins collective silent meditation:

- accompanied by gentle visual and subtle music

All welcome

Free

No Registration

Come once or come every
night,

it's up to you.

Simply join at 9 pm each
evening on this link:

tiny.cc/100Days2026

THE SACRAMENT OF CONFIRMATION

Our Parish will celebrate the Sacrament of Confirmation on the **29th of August 2026 at 10:00 am**

The preparation commences on the **22nd of July**.

Children and young people in years 5 and 6 or above and who have celebrated their first Communion are eligible for enrolment. Please contact the Sacramental Coordinator Maureen Ryan (olon254@gmail.com) so that your child's name can be included on the parish confirmation list. Then a letter and enrolment form will be posted to you so, please also include your postal address. Confirmation completes full initiation into the Catholic Community; and this Sacrament also celebrates the action of the Holy Spirit and will bring many blessings. Please pray that the actions of the Holy Spirit will bring many blessings to each young person, their families and our Catholic Communities.

Christian Contemplation. Meditation takes us to the depths of our being, to our true self and to the pure experience of God in the ground of our being.

The World Community for Christian Meditation draws from the wisdom of the Gospel's teaching. In the light of this wisdom we see that the teaching of Jesus on prayer is a contemplative teaching.

Every Tuesday 10:00am-10:45am in the Sacred Heart Church, Blackheath

Parish Liturgical Formation Opportunity. Sr Mary Louise from the Office of Worship will present 2 modules of the Liturgical Ministry Course. Extraordinary Ministers of Communion & Communion to the Sick and Dying on Saturday **25th July @11am in St Canice's Hall.** Other courses in the 2026 program such as Minister of the Word and Ministers of the Altar will be ehld at the Bede Heather Centre Blacktown, commencing on Monday 7th September. If you are interested please contact the Parish Office.

CHURCH COMMUNITY NEWS



SACRED HEART CHURCH COMMUNITY BLACKHEATH

"Yanama Budyari Gumada– Walk with Good Spirit"

Donations thru Bank Transfer:

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For 1st collection. (for the support our priests)

BSB 067 950 Account No 00004265 Account Name Diocesan Clergy Reference either the parish Name or the parish code 6038

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For both 1st and 2nd collections

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Blackheath Vinnies Support phone number:
0490 709 547

Sacred Heart Care Group Helping parishioners in need:
Monica Bright 0420 937 690

WEDNESDAY CUPPA'S TOGETHER IN SACRED HEART HALL! Cuppas has resumed on Wednesdays. Come for coffee, home made cakes and a catchup with other locals. All members of the community are welcome to come along. Time: 9:30am - 12:00pm each Wednesday. Location: Sacred Heart Church Hall - Wentworth St, Blackheath.



125 YEAR ANNIVERSARY. Sacred Heart Church Blackheath will reach its 125 year anniversary in 2027. This will be a special year and we look forward to celebrating this milestone together. It's not too early to start planning for some special events for 2027. Parishioners, who would like to join a working group to coordinate anniversary activities for 2027, are invited to contact a member of the Blackheath Church Community Pastoral Team.

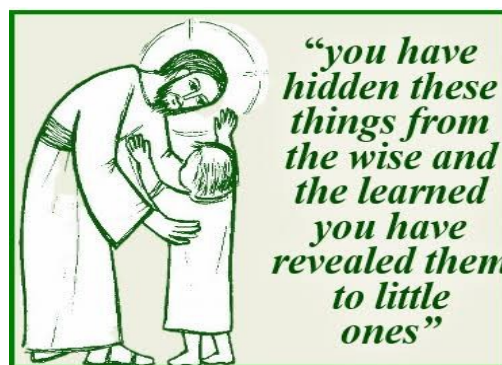
Gratitude From Kate and Robert Forbes. We send greetings and gratitude



for providing the sacred space of Sacred Heart Church for the funeral service of our courageous and cherished son, James.

James requested his service be held in Sacred Heart Church as it had been his spiritual home since 1988. It brought him comfort knowing we would gather there for his final farewell.

To all those who helped James and the Forbes family on this challenging journey, we offer our deepest and sincere thanks. Peace and every good to you.



Our Commitment to Safeguarding at The Catholic Parish of the Upper Blue Mountains



We are dedicated to creating a safe and nurturing environment for all members of our community, especially children and vulnerable adults, in line with the "Parramatta Way."

The Parramatta Way of Safeguarding is to... Act with justice, and state that we have a zero tolerance for any form of abuse or harm to children or any person; Act with justice, and ensure that laws and obligations are upheld, and safety is paramount.

The Catholic Parish of the Upper Blue Mountains is a CHILD SAFE ZONE

The Care and Protection of Children is everyone's responsibility. Help us to care and protect your children by always knowing what your child is doing, where he/she is and who he/she is with. Parents /Guardians Always Keep and Eye on your Children.





OUR LADY OF THE NATIVITY CHURCH LAWSON

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SCAN ME

Our Lady the Nativity Lawson Meeting Room Rebuild.

We have reached more than our target fund, to date we have raised a total of \$20,864.95. Well done everyone and Thank you for your generosity and support. God bless you kindly.

Fundraising ideas. "Both Kate Powell and myself Jenny Gannon would like to hear from you if you have any Fund Raising or Social activity ideas that you may wish to share with us for consideration to our 2027 schedule. It is best if all Fund Raising events are planned through this committee to avoid events clashing, this would be much appreciated".



ST. FRANCIS XAVIER'S CHURCH WENTWORTH FALLS

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SCAN ME

MUSIC MINISTRY OPPORTUNITY @ ST FRANCIS XAVIER CHURCH Inviting those music enthusiasts and musically incline to form a choir for St Francis Xavier Church Community Mass every Sunday at 8:30 am. Please call the office or let the sacristan know. Practice will be announced as soon as we have you.



ST. BONAVENTURE'S CHURCH LEURA

DONATIONS: Bank Transfer:

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PARISH FINANCE: Parish BPoint

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<https://www.bpoint.com.au/pay/MaryMackillopParishUpperBlueMountains>



SCAN ME



ST. JOSEPH CHURCH MEGALONG VALLEY

Our next mass at the Valley will be on Friday 17th of July at 4:00 pm. Address: 1270 Megalong Rd, Megalong Valley NSW 2785



ST. PAUL CHURCH MT VICTORIA

From now on Vigil Masses for Sunday occurs every **Saturday at 5:00 pm ALWAYS.**

Address- 65 Great Western Highway, Mount Victoria NSW 2786



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Approved supplier for the NSW Government under the Office and Education Furniture Contract 771



ST. CANICE'S CHURCH KATOOMBA

Donations: Bank Transfer:

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SCAN ME

Volunteers Needed for Morning Tea. We are still in need of helpers for the monthly Morning Tea. Please contact the Parish Office with your details and we will pass these on to Tess (who has generously agreed to be the morning tea Coordinator.)

DIOCESE NEWS & BEYOND

THE MESSENGER

Inspired by St Gabriel's mission, this weekly update brings news from across the Diocese of Parramatta for clergy, parishes and agencies.

Persecution & Faith: A Witness of Courage and Forgiveness from Pakistan

Twenty-year-old Akash Bashir was serving as a volunteer security guard at his parish in Lahore, Pakistan, when a terrorist with explosives tried to enter the church. Akash said, "I would rather die than let you in," and then gave his life to prevent a massacre.

In the years since, his parents have offered an extraordinary witness of Christian faith. Asked whether they had forgiven those responsible for their son's death, they replied: "Yes, we have forgiven them and pray that they may find the right path to God."

Their example reminds us that the Gospel calls us not only to courage, but also to forgiveness.

Reflection: Where may God be asking you to make a sacrifice out of love, or to forgive an injustice against you? Read more testimonies of faith from *Aid to the Church in Need* at: aidtochurch.org/welcome

OFFICE OF SAFEGUARDING. National Child Protection Week is held from 6-12 September. This year's theme is: "Every Conversation Matters: Shifting Conversation to Action"

The resources from NAPCAN are now out.

You can find information, posters and email tiles here: <https://www.napcan.org.au/get-involved-2026/>



Journeys of St Paul & the Cities of the Book of Revelation



This pilgrimage is now on the 7th April next year. For more information please contact Harvest Journeys on harvestjourneys.com/pv2601 Free-Call: 1800 819 156 or info@harvestjourneys.com

Eucharist28 Update – Renewal has begun! The great gift of the Eucharist is that it is not merely a story remembered over a few sacred days.

At every Mass, we encounter the reality itself: we offer ourselves to God alongside Christ, truly present in our midst. For more information and regular updates, please register on the website: eucharist28.org



Music Workshop on The Importance of Copyright: 21 July.

Copyright can be tricky to navigate. Come on 21 July to the Bishop Bede Heather Centre and learn all about your requirements for reporting music used at Mass, the different types of copyright licensing available, and much more. This workshop will be led by MET Music Formation Facilitator Eric Grella. Be sure to bring along any questions you might have. Register parracatholic.org/connect/events/?series=office-for-worship

CYP Annual LIFTED Retreat for 18-35's: 3-5 July.

Join young people from Western Sydney and the Blue Mountains at Catholic Youth Parramatta's annual LIFTED Retreat for 18-35-year-olds. (3-5 July at Benedict XVI Retreat Centre, Grose Vale.) Together we will enter a weekend of connection, prayer and reflection on the theme of Abundance, inspired by John 10:10. Whether you're just beginning your faith journey, looking for community or need a mid-year renewal, the LIFTED Retreat welcomes you with open arms. Limited spots available. Registrations close 19 June. parracatholic.org/events/lifted-young-adults



Aboriginal and Torres Strait Islander Sunday is on July 5.

This year's theme is "Walking with Christ: 40 years on! And Remembers." St Pope John Paul II's visit and address to Aboriginal and Torres Strait Islander People in Alice Springs in 1986.- "The Silence of the bush taught you a quietness of soul that put you in touch with another world, the world of God's Spirit."

NATSICC. National Aboriginal and Torres Strait Islander Catholic Council, is the Peak Advisory Body to the Australian Catholic Bishops. Visit their website <https://www.natsicc.org.au>; for information about ministries, liturgy, news, events and work with our Bishops.

14TH SUNDAY IN ORDINARY TIME YEAR A

ENTRANCE ANTIPHON

All peoples, clap your hands.
Cry to God with shouts of joy!

FIRST READING (2 Kings 4:8-11. 14-16)

One day as Elisha was on his way to Shunem, a woman of rank who lived there pressed him to stay and eat there. After this he always broke his journey for a meal when he passed that way. She said to her husband, 'Look, I am sure the man who is constantly passing our way must be a holy man of God. Let us build him a small room on the roof, and put him a bed in it, and a table and chair and lamp; whenever he comes to us he can rest there.'

One day when he came, he retired to the upper room and lay down. 'What can be done for her?' he asked. Gehazi (his servant) answered, 'Well, she has no son and her husband is old.' Elisha said, 'Call her.' The servant called her and she stood at the door. 'This time next year,' Elisha said 'you will hold a son in your arms.'

RESPONSORIAL PSALM

Forever I will sing the goodness of the Lord.

SECOND READING (Romans 6:3-4. 8-11)

When we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by the Father's glory, we too might live a new life.

But we believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.



GOSPEL ACCLAMATION

Alleluia, alleluia!
You are a chosen race,
a royal priesthood,
a holy people.
Praise God who called you out of darkness
and into his marvellous light.
Alleluia!

GOSPEL (Matthew 10:37-42)

Jesus instructed the Twelve as follows: 'Anyone who prefers father or mother to me is not worthy of me. Anyone who prefers son or daughter to me is not worthy of me. Anyone who does not take one's cross and follow in my footsteps is not worthy of me. Anyone who finds one's life will lose it; anyone who loses one's life for my sake will find it.'

'Anyone who welcomes you welcomes me; and those who welcome me welcome the one who sent me.'

'Anyone who welcomes a prophet because he is a prophet will have a prophet's reward; and anyone who welcomes a holy one because he or she is a holy one will have a holy one's reward.'

'If anyone gives so much as a cup of cold water to one of these little ones because he or she is a disciple, then I tell you solemnly, they will most certainly not lose their reward.'

COMMUNION ANTIPHON

Bless the Lord, O my soul,
and all within me, his holy name.

